

6TH GRADE FOUNDATIONS

The Spirit

OVERVIEW

Now I want you to take a deep breath with me...ready, let's inhale together (inhale loudly). Do you feel that inside you? Not just the air, but the energy or vitality in your body you get from breathing deeply. You all have those times when it is like your body needs that extra-long breath of air and you seem to breathe in more deeply. The Hebrew word for this is **ruach**, which means, in a broader sense, energy. Most commonly, **ruach** is used to describe an invisible energy, like wind or breathing. However, the term **ruach** is also used throughout the Old Testament to describe God's personal presence. This parallel helps us to better understand God's Spirit. "Just like wind and breath are invisible, God's Spirit is invisible. Wind is powerful, and so God's Spirit is powerful. And just as breath keeps us alive, God's Spirit sustains all of life" (The Bible Project: Holy Spirit).

ON YOUR OWN

After watching this video: [Understanding How the Holy Spirit Works in the Bible](#), write down what stuck out to YOU.

LARGE GROUP

1. Holy Spirit and the Old Testament
 - a. Specific Purpose
 - i. Ex. 31:3-5
 - ii. 1 Sam. 10:9-10, 16:14
 - b. Extraordinary
 - i. Num. 27:18
 - ii. Judg. 6:34
2. Holy Spirit and the New Testament
 - a. Sent
 - i. John 14:16-17
 - b. Indwelling
 - i. Romans 8:9
3. EMPOWERS
 - a. 1 Corinthians 12:1-11
4. GUARANTEES
 - a. Ephesians 1:13-14
5. TRANSFORMS
 - a. Romans 8:13-15

GO DEEPER

Read Acts 2:1-4, why do you think God brought the Holy Spirit in this way?

Why do we need the Holy Spirit? Is it possible to live for God apart from the Holy Spirit?

TAKE IT HOME

Look up “the Holy Spirit in the book of Acts” on the internet with a parent. Read verses and stories and write down some observations.