



## Life Group Discussion Questions

**Sermon Series:** Pray Like Jesus

**Sermon Title:** Part 5 – Necessary Nourishment

**Sermon Date:** 2-3-19

**Gospel Gain:** We have a regular need for the right nourishment.

### Gathering Together (Icebreaker)

What kind of diets have you tried or heard about?

What makes healthy nutrition such a challenge in our culture today?

When you see images of starving people in third world countries, what comes to mind?

What do you think healthy spiritual nutrition includes?

### Growing Together (Truth/Equipping)

In this series we desire to take a fresh look at a familiar prayer that Jesus taught to his disciples. The Lord's Prayer has much to teach us. Each week we will take a phrase of the prayer and seek to apply it to our daily life. Today's message is about daily bread.

***Matthew 6:9-13 - Pray then like this: Our Father in heaven, hallowed be your name.  
<sup>10</sup> Your kingdom come, your will be done, on earth as it is in heaven. <sup>11</sup> Give us this day our daily bread, <sup>12</sup> and forgive us our debts, as we also have forgiven our debtors. <sup>13</sup> And lead us not into temptation, but deliver us from evil.***

What comes to mind when you see the phrase – ***give us this day our daily bread?***

What are the challenges with trusting God for daily bread?

What are the opportunities with trusting God for daily bread?

### Read: Exodus 16

The people started grumbling in the second month out of captivity in Egypt as they compared their current circumstances to what they had known in Egypt. What is their focus described in verse 3?

God responds to their grumbling in verses 4-5. How would you have felt hearing these words?

What is Moses announcing to the people about God in verses 6-12?

How well did the people obey the instructions regarding the quail and manna?

Look again at verse 35. What are the challenges of that reality and what are the reminders about God's provision?

**Read:** *Matthew 6:25-34*

What do these verses tell us about anxiety and worry?

What promises do you see about God's provision in your daily life?

What do verse 33-34 encourage us to do when it comes to worrying about our needs?

What have you found to be helpful when you worry or become anxious about God's provision?

**Read:** *John 6:27, 31-35*

What do you think Jesus means when he is talking about food in verse 27?

Jesus declares that He is the Bread of Life in verse 35. How would you describe this promise to someone who is spiritual hungry and thirsty?

What does the fact that Jesus is the Bread of Life mean to you?

How does this promise help us face each day's needs, anxieties and worries?

**Read:** *Philippians 4:11-20*

What lessons about God's provision has the Apostle Paul learned according to these verses?

What does verse 19 mean to you personally?

**Getting Real with One Another** (Accessibility)

How can we help each other appreciate God's daily nourishment?

**Group Prayer Time** (Supplication)

Share some prayer requests and then pray for one another.

Pray that Oakwood Church would continue to develop a passion for God and compassion for people.