

Life Group Discussion Questions
More Than Suggestions
Commandment #7 – Do Not Commit Adultery

Opportunity for Life Change: Be equipped to confront and not minimize the temptation for a cheating body, a cheating mind or a cheating heart.

God gave these commandments to people that he loved. These commandments were given from a foundation of relationship. God wants what is best for His people so he gave boundaries that would be good for the people.

These commandments are to be followed out of relationship rather than out of ritual or obligation.

Today's commandment is about adultery. There is a great deal of pain and suffering that follows the act of adultery. God desires for us to honor our marriage covenant and not assume that the grass is greener on the other side of the fence.

We also must be aware of the temptation to develop a heart and mind that dreams about another person besides our spouse. Jesus addressed the danger of lust its dangerous impact as well.

Gathering Together (Icebreaker)

In what ways has society downplayed the idea or discussion of adultery in our culture today? How could that be dangerous?

Growing Together (Truth/Equipping)

Read **Exodus 20:14**. What does God think of adultery? Why do you think God made this part of the ten commandments?

Read **Matthew 5:27-30**. What does Jesus have to offer on this topic of adultery? Is this standard unreasonable? Why or why not?

Read **2 Samuel 11:2-4**. Where did this act of adultery begin for David? Where could it have stopped before it did? What lessons can be learned from this situation?

Read **Matthew 5:29-30**. Jesus says how seriously we are to deal with this issue of adultery. He speaks in dramatic terms but what message is he trying to communicate?

Read **Romans 12:1-2**. We can pursue purity. How does this passage encourage purity in our lives?

Read **Colossians 3:1-2**. How does this passage challenge us to pursue purity and fight off the temptation of a cheating body, mind and heart?

Read **Romans 8:5-7**. How does this passage challenge us to pursue purity and fight off the temptation of a cheating body, mind and heart?

Read **Proverbs 14:30 and Hebrews 13:4**. How do these passages help us in our pursuit for purity and fighting against the temptation to lust or commit adultery?

Getting Real with One Another (Accessibility)

Take some time for personal reflection. Personally, evaluate if there is any “adultery or lust” in the body, mind or heart that needs to be confessed to the Lord. Take some silent time of personal prayer to bring that before God.

Group Prayer Time (Supplication)

Pray for each other and the items that have been shared with one another tonight.

Pray that Oakwood will be a place of healing and honesty about our struggles.

Pray that Oakwood Church would continue to develop a passion for God and compassion for people.